

Career Report for Emotional Intelligence

Report Prepared for

Ph No	
Email ID	
Age	
Location	

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Preface

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Dear Candidate,

We, on behalf of Edumilestones.com, congratulate you for availing Career Planning Assessment. We understand you and your career related worries. E&C caters to your unique needs and requirements by providing complete planning. Thereby, getting more out of life and ensuring a better tomorrow. Our researchers are committed towards providing a career planning solution which is in line with Edumilestones.com VISION of offering best education and career planning services to those who needs it most and play an active role in each individual's life cycle.

Our Customized planning provides a direction and meaning to your education & career related decisions. You will achieve all your future endeavors through scientifically proven approach and planning of your resources. We gather your relevant information such as career goals, Interest level, feasibility, examine your current status and identify a strategy that shows how you can meet your goals.

In our journey towards successful achievement of your goals, we shall need constant support and feedback.

Thanking you,

Regards,

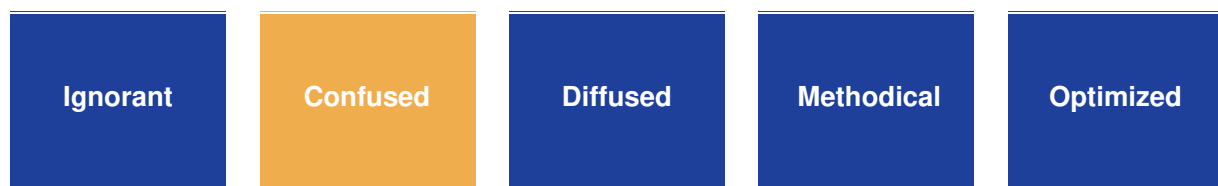
Career Planning Team.

Profiling

Your Profiling

Personal profiling is the first step in career planning. The purpose of profiling is to understand your current career planning stage. It will help decide your career objective and roadmap. The ultimate aim of the planning is to take you from the current stage of career planning to the optimized stage of career planning. Personal profiling includes information about your current stage, the risk involved and action plan for your career development.

Current Stage of Planning



Confused

Confused: You are at the confused stage in career planning. We understand that you are having little idea of career planning, but usually confused among various career options. At this stage, you are looking for proper guidance. Generally, at this stage, your career decisions shall be influenced by friends and parents.

Risk Involved: Wrong selection of a career path, career dissatisfaction, and self-interest mismatch.

Action Plan : Explore your strengths and weakness > Explore career options > Gather information>Match best suitable option> Early execution.

Result of the EQ

Your EQ Types

Emotional intelligence indicates our ability to understand and make sense of our emotions both within ourselves and in our relationships with others. Candidates who demonstrate high levels of EI are better at understanding themselves and others, making confident decisions and expressing their views.

Emotional Self Awareness	<div><div></div></div>	High - 73%
Managing Emotions	<div><div></div></div>	Medium - 60%
Motivation	<div><div></div></div>	High - 73%
Empathy	<div><div></div></div>	Medium - 60%
Relationship Management	<div><div></div></div>	High - 73%

Analysis of EQ

Your EQ Analysis

Emotional Self Awareness

- Self-Awareness is the ability to recognize and understand your moods, emotions and drives, as well as their effect on others.
- Your result indicates that your emotional self-awareness level is Very high. You know how your emotions affect your behaviour and performance. You see yourself as others see you, and have a good sense of your abilities and current limitations.

Managing Emotions

- Emotions self-management is your ability to manage stress, stay honest, take responsibility for your performance & behaviour, handle change, be open to new ideas.
- Your result indicates that your emotional self-management level is medium. You are not always able to manage your emotions, impulsive feelings and behaviours. Sometimes you find it challenging to adapt to changing circumstances.

Recommendations

- You can engage in activities that allow you to get in touch with your emotions (e.g. writing in a journal, meditating, etc.).
- When you are angry or anxious breath right and Count to Ten.
- Prepare an emotion vs reason checklist.

Motivation

- Motivation is your ability to constantly try to improve, align yourself with the goals of a group, be ready to act on opportunities, pursue goals persistently despite setbacks.
- Your result indicates that your motivation level is very high. You can take the initiative and persevere in the face of obstacles and setbacks. You have a strong drive to achieve your goals.

Analysis of EQ

Your EQ Analysis

Empathy

- Empathy indicates your ability to recognize how people feel, anticipate other's needs, work with many different types of people, understand why others act in specific ways.
- Your result indicates that your empathy level is medium. You may be viewed as somewhat lacking in interpersonal warmth and concern for others. Sometimes you find it challenging to understand the emotions, needs, and interests of other people.

Recommendations

- Listen to opposing viewpoints and admit when you are wrong.
- Work at becoming a better listener.
- Acknowledge the other Person's Feelings

Relationship Management

- Relationship management indicates your ability to communicate clearly, influence & lead others, cause positive change, manage conflicts, build bonds with others by cooperating.
- Your result indicates that your relationship management ability is Very high. You know how to develop and maintain good relationships, communicate clearly, inspire and influence others, work well in a team, and manage conflict.

Summary Sheet

Our Career assessment is based on the crux of Correlation theory and various psychometric and statistical models.

Career Personality	Judging + Extrovert + iNtuitive + Thinking
Career Values	Innovation + Authority + Challenge + Social Recognition + Social Service + Independence + Continuous Learning + Intellectual status + Adventure + Activeness
Career Interest	Artistic + Conventional + Enterprising
Learning Style	Auditory learning
EQ	Emotional Self Awareness + Motivation + Relationship Management

Disclaimer

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